

# Tricia's Beetroot Dip

## Ninewells Community Garden

*This Beetroot Dip recipe has been shared by Tricia Neville, a regular volunteer at the Garden*

### Ingredients:

- 150g of freshly cooked beetroot
- 1 fat garlic clove
- 3 spring onions cleaned and chopped
- 3 tablespoons of Greek yoghurt
- 2 teaspoons of lime juice



### Method:

- Chop the cooked beetroot and add it along with all the other ingredients to a food processor.
- Whizz till smooth.
- Check taste and add more yoghurt or lime juice if needed.

This is particularly delicious with warmed pitta bread, halloumi or raw sliced vegetables.

